



PHYSIOTHERAPIST (DOH CERTIFIED)

ROSNA JOHN

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PROFESSIONAL:

DOH Registration Number
HPREG -2021- 025477.

AREAS OF EXPERTISE:

Musculoskeletal Physiotherapy
Orthopaedics.
Stroke management
Sports injuries
Patient care
Neurological conditions
Multiple Sclerosis
Cardiac Rehabilitation
Pediatric Rehabilitation

ACADEMIC QUALIFICATIONS:

- BACHELOR OF PHYSIOTHERAPY
Sreedevi collage mangalore
India, **Rajiv Gandhi University of**
Health science (2012-2019)
- HIGHER SECONDARY
EDUCATION (2010-2012)
Govt.Higher secondary
Kottody,Kerala

PROFESSIONAL SKILLS:

- Professional Mannerisms
- Patient Handling
- Listening Skills
- Capable of work under
pressure both independently
and
with team

Career Objective:

Highly dedicated and motivated physical therapist with above **2 years** of experience in assessing cause of patient's problem and creating appropriate treatment plans to best address their needs.

Ready and qualified with DOH eligibility letter, now looking forward in making a significant contribution as a physiotherapist.

Passport Details:

- Passport No : U2870047.
- Place of issue : India.
- Date of Issue : 28th December 2020.
- Date of expiry : 27th December 2030.
- Visa Status : Visiting Visa.
- Visa Expiry :23-May-2022.
- Language Proficiency : English,Hindi,Kannada & Malayalam.

WORK EXPERIENCE

June 2019 to September2021.

SHIFA PHYSIOTHERAPY &
REHABILITATION CENTER, Kerala,India
Clinical Physiotherapist

Provided physical therapy services to patients with a wide range of treatments needs.

- Organizing therapeutic and physical exercise sessions.
- Orthopedic conditions including frozen shoulder, OA ,fractures, low back pain.
- Neurological conditions like stroke, parkinsonism, TBI ,spinal cord injuries, GBS
- conditions after reconstructive surgery
- Gynec conditions including urinary incontinence, core muscle strengthening
- Pediatric conditions like cerebral palsy, Developmental delay etc
- Assisting patients recovering from a wide range of accidents (sports, fall or car accidents resulting in back, neck, limb or joint conditions)
- Performed therapeutic procedures by administering manual exercises, balance training activities, stretching, coordination exercises, gait and various electrotherapy modalities
- Supported patients in doing daily living activities, with assistive devices
- Evaluated patients progress through close observation and diagnostic tests

INTERNSHIP:

- **Govt.Wenlock Hospital Mangalore** (26-Nov-2018 to 25-Dec-2018)
- **Athena Hospital and kidney foundation** (26-Dec-2018 to 24-Jan-2019).
- **Indiana Hospital Mangalore** (25-Jan-2019 to 23-Feb-2019).
- **Oldage little sister of poor Mangalore** (24-Feb-2019 to 25-Mar-2019).
- **SDCPT OPD Lalbagh Mangalore** (26-Mar-2019 to 24-Apr-2019)
- **Lady Goshen Govt.Hospital State Bank Mangalore** (25-Apr-2019 to 25-May-2019).

PROJECT:

- **MEDIAL COLLATERAL LIGAMENT INJURY AND ITS MANAGEMENT.**

PROFESSIONAL ACTIVITIES:

- Attended Significant medical education programme on **Role of Physiotherapist in sports fitness.**(December 2016).
- Workshop on **Quick and Accurate Interpretation of Chest X-ray & ECG in ICU.** (December 2016)
- **Mangalore Physiocon 2018** International Physiotherapy Conference on 17th and 18th January 2018

PERSONAL INFORMATION:

- Date of Birth : 29th September 1993.
- Gender : Female
- Nationality : Indian
- Marital Status : Married

Declaration:

I hereby certify that the above information and data are true & correct to the best of my ability.

Date:

(ROSNA JOHN)