

CURRICULUM VITAE

SHAMILI RAGHAVAN

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Home Country Address

Puthan Purayil House, Champad- Post
Thalassery- Via, Kannur – 670694
Kerala, India
Mob: +919544574806

OBJECTIVE

Seeking a position as Registered Nurse in health care facility where top notch educational and training achievements can be put to use in addition to interpersonal skills, to provide quality healthcare to patients. By doing so, I get the opportunity to develop my career by continuous learning and experience.

DHCC LICENSE & VISA DETAILS

DHCC LICENSE

Visa: Resident Visa (Spouse)

PROFESSIONAL QUALIFICATION

Qualification	Name of the Institution	Board / University	Year Completed	% Scored
Bachelor of Science in Nursing	Prasanna College of Nursing, Belthangady, Karnataka	Rajiv Gandhi University of Health Sciences, Karnataka	2013	70%

WORK EXPERIENCE

1. Position Held : Staff Nurse in Emergency Department
Name of Hospital : Yenepoya Specialty Hospital, Mangalore
Bed Strength : 250
Period : 01.01.2014 to 30.06.2015

2. Position Held : Staff Nurse in Intensive Care Unit
 Name of Hospital : Baby Memorial Hospital, Calicut
 Bed Strength : 850
 Period : 07.07.2015 to 12.02.2017

3. Position Held : Registered Nurse in Intensive Care Unit
 Name of Hospital : Emirates Specialty Hospital, DHCC
 Bed Strength : 150
 Period : 08.10.2017 to Present

ACADEMIC QUALIFICATION

Qualification	Name of the Institution	Board / University	Year Completed	% Scored
SSLC (10 th Class)	K.K.V Memorial H.S.S Panoor	Board Of Public Examination, Kerala	March 2007	81%
Plus Two (11 th & 12 th)	Govt. Girls H.S.S, Thalassery	Board of Higher Secondary Education, Kerala	March 2009	73%

HOME COUNTRY (KNC) REGISTRATION DETAILS

Kerala Nurses and Midwives Council Reg. No : KL04201400602
 Registration Date : 12/09/2014

PERSONAL DETAILS

Name : Shamili Raghavan
 Sex : Female
 Date of Birth : 27.12.1991
 Religion : Hindu
 Marital Status : Married
 Nationality : India
 Languages known : English, Hindi, Malayalam & Kannada

PASSPORT DETAILS

Passport No : P9849758
 Place of issue : Kozhikode
 Date of Issue : 08.05.2017
 Date of Expiry : 07.05.2027

DUTIES & RESPONSIBILITIES – ICU (MEDICAL & SURGICAL)

- Maintenance of good nurse patient relationship including orientation of patient to the unit or room and patient family education.
- Patient assessment and reassessment and nurse notes.
- Check the vitals of the patient every hourly along with date and time (R.T. feeding, drainage etc.) Including pre and post procedure care and documentation.
- Maintenance of intravenous fluids and Inotropes (Eg. Dopamine & NTG etc.)
- Administrations of Medications in time (kg. OD, BID, TID, QID, Stat, SOS etc).
- Monitoring of CVP & SCVO2.
- Hot & Cold Application (kg. Ice bag. Hot Water bag, Cold Compress, Sterile hot compress and cold sponge).
- Personal hygiene including assist in Activities of daily living.
- Tracheostomy care of the patient (Eg. Suctioning, Tracheostomy dressing)
- Care of pressure sore (Frequent Back care & positioning)
- Familiar with all protocols, administration of blood and blood products and care of immune compromised patients.
- Well versed in the cardio pulmonary resuscitation (as per ACLS protocol)
- DVT Prophylaxis.
- Prevention of aspiration.
- GCS monitoring and close Neuro observation.
- Steam inhalation.
- Naso Gastric and PEG Tube feeding.
- Skin Traction application and Care.
- Care of ICD
- Blood 'transfusion.
- Management of Pain scale Adult and Pediatric.
- Care of invasive catheters (Pg. Central line, Arterial line, IV cannula, Foleys's catheter)
- Maintaining records and reports.
- Supervision and, orientation of student and new trainees.
- Cope up with the hospital policies.
- Follow-up Treatment.

DUTIES & RESPONSIBILITIES – EMERGENCY DEPARTMENT

- Performs accurate and complete admission assessments.
- Initiates and performs a range of nursing measures based on patient needs relative to physical and mental comfort, positioning, hygiene, nutrition and hydration, elimination, skin integrity, and respiratory; documenting them as well as patient reaction to interventions.
- Recognizes emergency situations and responds quickly to noticeable changes in a patient's condition by initiating appropriate nursing measures that may include BLS and mobilizing emergency response protocols and notifies physicians.
- Monitors and documents the patient's condition and the effectiveness of care and/or interventions.

- Establishes and implements a care plan based on sound nursing theory, scientific principles, professional judgment and individual patient needs.
- Evaluates and updates the patient's plan of care to facilitate the achievement of planned and expected outcomes.
- Administers prescribed medications and treatments in accordance with approved nursing protocol.
- Utilizes equipment, supplies and medications in a cost-effective, responsible manner and reports malfunction, loss or misuse to immediate supervisor.
- Provides teaching and educational material to patients and/or families, which may include diagnosis, tests and procedures, safe and proper use of equipment, use of medications, injury prevention and nutritional needs.
- Monitors and resolves customer service issues and provides feedback regarding satisfaction results to Nursing Leadership.
- Maintains confidentiality regarding patients and families.
- Interacts with patients, families and other visitors in a courteous, helpful manner.
- Facilitates the incorporation of patient safety and Magnet principles into clinical nursing care.
- Acts as part of a nursing care team by fulfilling own duties, seeking assistance when needed, willingly helping out others, guiding new staff, communicating effectively with physicians and allied health professionals, and working to maintain good interpersonal relations.

EQUIPMENT HANDLED

- | | |
|-------------------------------|---|
| ● Ventilator | ● Fluid and blood warmer machine |
| ● AED | ● NIBP |
| ● Defibrillator | ● ECG |
| ● Pulse Oxymeter | ● Syringe Pump |
| ● I.C.U. Monitor | ● Steam inhaler |
| ● C.V.P. Monitor | ● Glucometer |
| ● Humidifier | ● SCD Machine |
| ● Warmer Machine | ● Suction Apparatus |
| ● CPAP Machine | ● Nebulizer |
| ● BIPAP Machine | ● Computer |
| ● AMBU | ● ABG Machine |
| ● Cardiac Output Monitor | ● Closed Suction System |
| ● Kangaroo feeding Pump | ● Ultra Sound Machine |
| ● Flowtron | ● Airway adjunctive Oral & Nasal airway |
| ● Infusion pump | |
| ● Otoscope and Ophthalmoscope | |

SPECIAL PROCEDURES ASSISTED

- Cardio -Pulmonary Resuscitation.

- Endotracheal intubation and extubation.
- Arterial Cannulation.
- Lumbar puncturing.
- Temporary pacemaker.
- Pleural fluid aspiration.
- Bone marrow aspiration.
- Bedside tracheostomy.
- Supra Pubical Catheterization.
- Central Venous Catheterization.
- Intercostal Drainage.
- Bronchoscopy
- Abdominal fluid tapping
- EEG
- Plaster of Paris and cast application
- FNAC

ACHIEVEMENTS AND TRAINING UNDERGONE

- BLS Certified (Basic life Support)
- Fire and Safety course conducted by Baby Memorial Hospital, Calicut
- NABH Training
- ACLS Certified
- Completed Course on Infection Control conducted by Baby Memorial Hospital, Calicut
- JCI Training

CAREER & PERSONAL STRENGTHS

- Desire to learn
- Hard working
- Positive attitude
- Cool minded
- Team building
- Problem solving
- Punctuality in work
- Effective communication skills
- Ability to cope with fast paced hospital work environment

COMPUTER SKILLS

- MS Office, Typing, Internet & Email
- Hospital Information System (HIS)
- Mediware ,Intranet ,Oracle services
- Effective skills in Hospital based computer activities

DECLARATION

I hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief and can be supported by relevant certificates or documents on demand.

Place: Dubai
Date:

SHAMILI RAGHAVAN