

CURRICULUM VITAE

Rosemary Tchouzine

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Nationality: Cameroonian

English (fluently)

French (fluently)

Visa status:resident



Career Objective

- My desire is to enter a truly competitive arena to share my enthusiasm and confidence in the organization and the people I work with. I want to contribute to a dynamic growing organization in a challenging environment and to explore my skills, education, capabilities, hard work and experience to grow with the organization and achieve goal of the company as well as mine in a targeted time frame.

Area of Expertise

- Administering medications
- Personal care
- Risk
- Health and safety
- Records management
- Infection control

MEDI Q HEALTH CARE SERVICES as Covid-19 Response Nurse (may 2020-till now)

Duties

- Sample collection for PCR or DPI tests
- Dispensed medications to both Covid-19 positive and Negative Patients taking into considerations strict outlined precautionary Measures.
- Accompanied and assisted Doctors during site rounds.
- Monitored and recorded vital signs.
- Giving covid 19 vaccine

WE CARE HEALTH CARE SERVICES (2017 – 2019)
ASSISTANT HEALTH CARE -

Responsibility

- Helped patients with any occupational, physiotherapy and recreational activities.
- Provided care to patients under the direct supervision of a registered nurse.
- Delivered care as delegated by the nurses and other staffs.
- Identified and assessed patients for suitability for discharge.
- Reported on a patient's condition and recording it on charts as appropriate.
- Sent instruments for sterilising, checking equipment if is ready for further use.
- Maintained tidiness and cleanliness of areas and equipments as instructed.
- Helped patients with toileting, whether mobile or confined in bed.
- Clean and tidying up examination rooms.
- Worked on reception and admitting patients, doing the paperwork.
- Answered enquiries from relatives and visitors.

- Transferred patients to operation theatre and received them after the operation has been done .
- Transferred patients to labor room those under delivery case and was admitted in the ward.
- Sent baby milk to NICU.
- Arranged dressing trolley and sample trolley with the necessary equipments needed .

Government General Hospital Imbe Cameroon 2013-2016)
Designation: Healthcare Assistant /Ward Aide Emergency Unit.

Responsibilities

- Sent blood sample to the lab.
- Sent medication prescriptions to pharmacy, received the medication and placed it on nurses station for checking by the nurse and returning the confirmed paper back to pharmacy.
- Helped patients to move around on wheelchairs
- Served meal and help to feed patients.
- Sterilised used equipment on daily basis with cavi wipe or universal wipe.

- Assisted the nurses in changing patient's dapper and the bathing of patients.
- Re-stock consultation room, scan room, Medical room with Medical items.
- Talked to patients and makes them comfortable
- Assisted in paperwork like scanning of documents, doctors signature, photocopy, and collection of patients file from file section.
- Assisted the nurse with ambulance transferred home or in another hospital.

ACADEMIC qualifications

2001:ordinary level certificate Cameroon

2003:advance level certificate Cameroon

2011 Diploma in Nursing and Midwifery

Key skills and competencies

- Fully aware of equality and diversity issues.
Excellent understanding of the concept of confidentiality.
- Basic knowledge of personal care and excellent hygiene skills.

Adhering to all the health care trusts policies guidelines

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