



**Mostafa
Mohammed El
Amir**

Personal trainer and
swimming instructor



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**Alsaroj, Al Ain,
UAE**

Birth Date
1980

Nationality
Egyptian

Professional Experiences

**Safety and lifesavers, my initial role
was swimming instructor**

- **Fitness coach From 2010 till Present**
 - **Personal tranir & Swimming instructor for VIP's**
 - **From March 2005 till December 2009**
 - **Intercontinental Resort Al Ain**
 - **Recreation Department.**
- **2003 till 2005 Coral Bay Hotels & casino in Recreations department.**
- **Responsible about training in Intercontinental resort Al Ain from 2005 until 2009**
- **From 2009 To 2016 personal trainer at Hilton resort Al Ain**
- **From 2016 to 2021 personal trainer at Gold`s gym Al Ain**

SKILLS

I have exceptional organizational skills gained from my current profession; these include highly effective time management skills.

I have a confident and sociable manner. I work effectively as an individual or as part of a team, making use of the skills of negotiation, compromise and effective problem solving.

I have very strong interpersonal skills and communication skills developed through liaising with colleagues, customers parents and other professionals.

I can speak fluently two languages : English/ Arabic

I am highly motivated and dedicated to ensuring that all children and customers learn in a fun and engaging way.

EDUCATIONAL QUALIFICATIONS

- **Certificate from Egyptian underwater sports fed oct26,- nov17, 1996 .**
- **Certificate from al shames club 1998 – 1999 .**
- **Diploma from Egyptian swimming federation from 1-5-1999 to 14-5-1999**
- **Certificate from national pool lifeguard qualification from 02-08-2006 to 01- 08-2008**
- **Certificate swimming coaching from Intercontinental Al Ain resort From 01-01-2007 to 31-03-2007 .**
- **Safety and Procedures .**
- **FLS (Fire Life Safety) .**
- **First Aid Training .**
- **Be my guest “Intercontinental Hotels” .**
- **In the know “Intercontinental Hotels” .**
- **Valid Driving License till 18/12/2024**
- **Intensive English language course**
- **Level 1 and 2 swimming coach from ASCA and UAE swimming federation 2015 .**

-LEVEL 1 AND 2 PERSONAL TRINER ACTIVE IQ

Languages

Arabic : Native .
English : Good. .

Hobbies

- Reading, Swimming, Fitness and Football