

EMEM EDET FRANK



Contact

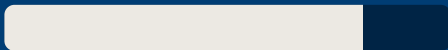
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Alfahad Tower 1 Dubai

Skills

Problem Solving Skills Strong 80%
work ethics



Interests

Traveling. Reading, learning New
Skills, Dancing,

OBJECTIVE

Registered nurse and midwife with strong interest to delivering quality care to patients. Achieving more than seven years of professional experience in assessing patient's health problems, maintaining records, and executing nursing care plans. Possess expertise at utilizing existing medical resources to provide appropriate care to patients.

EXPERIENCE

Al buhairah Medical Centre (BMC) Sharjah UAE

01/04/22

Pcr swab Nurse/ Dental Assistant

- Till Date

Achievements/Task

CORE COMPETENCIES

Taking PCR swabs at homes and in the clinic.

Assist in dental procedures.

Cleans arrange and sterilize dental care equipment.

Ensured precision in the initial health evaluation and individualized plan of care.

Effective administration of medications and assisted with pain management procedures.

Cleaned and dressed wounds carefully.

Ensure proper documentation of symptoms and vital signs.

Adequate monitoring of patient health and update care plans accordingly.

Provide recommendations to ensure improved safety at home care.

Detect early symptoms that could lead to hospital visit.

Maintain effective communication with physicians, patients and social workers or other health care workers.

Provide encouragement and support.

General Hospital uruk ata Ikot Ekpor Etim Ekpo, Nigeria.

Registered Nurse/Midwife

TASK/ACHIEVEMENT

18th Feb

2020 -

March

2022

General reception and admission of patients and quick response to emergency situation.

Performed patient initial examinations and answered all patient Health questions.

Registration of new patients and monitoring of old patients, collection of necessary information, obtaining of vital signs and referral to see the doctor on call.

Monitored and provide mental, emotional and physical care of all patients and reports accordingly.

Develop and direct a rotational system in managing patient care in the department.

Interacts and communicate with patients of all ethnic backgrounds and age and giving quality medical care and treatment.

Checking blood pressure,pulse and heart beat,and recording vitals.

Supervised the admission of patients in emergency cases and direct the transferring of patients to the emergency unit.

Provide's emotional and physical support to dementia, Alzheimer's, parkinson's patients,including feeding,oral care,and bed bathing to bedridden patients.

Care for patients with stroke and degenerative conditions and support in activities of daily living.

Collaborate with other nursing staff in maintaining a calm environment in caring for patients to aid recovery or to a Peaceful death.

Primary Health Care Centre, Barracks Road, uyo, Nigeria

20th April

Registered Nurse/Midwife

2017 -

Achievement/Task

30th

January

2020

Managed patient care from admission to discharge, including patient assessment, care planning, health education and discharge support.

Carry out physical examination, including abdominal palpitation, checking fetal heart rate and wellbeing, ensuring mother is doing well.

Obtain laboratory investigations, including genotype, HIV/Aids screening and other laboratory investigations done.

Preparing of patient case note, open care plan, documents all care given, listen to patients complaints and provide care accordingly.

Health Education of patients and giving health talks to pregnant women, care of the new born and post partum care.

Monitor and care for patients during labour and delivery, making sure mother and child are safe before transferring to the lying-in ward.

Giving prompt intervention in cases of complications, and refer where necessary, prepares referral notes.

Administration of intravenous and intramuscular injections, catheterization and insulin administration.

Maintaining care equipment, and administration of patients due drug's, and monitor responses.

Assist in bathing and other activities of daily living where necessary, including feeding support, educating on self care and episiotomy care.

Working in unity with other health care workers to provide care to the patients.

St Luke's Hospital Anua, Nigeria

Staff Nurse

Achievement/Tasks

4th Jan

2016 -

31st

march

2017

Sorting of patients folder's, and collection of details and patient's complaint, blood pressure check, FBS and RBS checking, temperature, pulse, and respiration, checked and documented.

Assist patient's to see the Doctor. Quick response to emergency situations, and prompt referrals in very severe cases.

Admission of patients to a well made bed in the ward and ensure patient comfort, alerts the Doctor on call for review.

Refer to doctor case note, prescriptions and laboratory investigations and diagnosis.

Preparing of patient case note, open care plan, documents all care given.

Administration of intravenous drugs and other medications including assessing intravenous line's, monitors any adverse effects of medication and provide prompt actions and reports when necessary.

Health Education of patients and giving health talks to diabetics, and hypertensive, patients, including sickle cell disease.

Administration of insulin, catheterization, performs, giving of urinals, changing of briefs in most cases.

Monitoring vital signs, temperature, pulse, respiration, blood pressure, FBS, RBS, and reports accordingly.

Reassures patients on wellness, diet, and proper feeding, ensures timely administration of prescribed drugs.

Monitors patients inputs and outputs chart keeping records of all activities.

Bed bathing of bedridden patients, ensuring their comfort, change of soiled linens, change of position and

treatment of pressure sores if any.

Assisting during discharge, prepares discharge notes,take home medications, followup care.

EDUCATION

School Of Midwifery Imo state, Nigeria 2015

Diploma in Midwifery (RM)

RM

School Of Nursing Eket, Nigeria. 2012

Diploma In Nursing (RN)

RN

REFERENCE

Dr Imeh Essiet - "General Hospital Uruk Ata Ikot Ekor"

Medical Superintendent

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Engr. Odudu Ekpo - "NNPC "

Engr.

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CORE COMPETENCIES

Strong Knowledge Of Pain Management And Medication.

Lots of Stamina to carry patient around.

Ability to work under pressure.

Excellent Skills In Analyzing Test Results And Predicting Potential Complications.

PROFESSIONAL HIGHLIGHTS

Health Educator & Advocate

Basic Life Support Certified

TRAINING & CERTIFICATION

Basic Life support Certificate(2016)

Prevention of mother to child transmission of

HIV/Aids(pmtct)2021

Geriatric care/support a must for nurses(care of the aged)2018